



**NATIONAL SERVICE SCHEME
COLLEGE OF HORTICULTURE
ANAND AGRICULTURAL UNIVERSITY**



“International Yoga Day”

June 21st, holds global significance as International Yoga Day, an occasion that reverberates across nations, promoting an understanding of the manifold advantages that yoga offers for well-being, encompassing physical, mental and spiritual dimensions. Embracing the spirit of this important occasion, the NSS cell of the College of Horticulture took a step in organizing the 9th International Day of Yoga on June 21st, 2023.

During this significant occasion, 108 NSS volunteers enthusiastically took part in the event, embracing the practice of yoga. Adding to the success of the event were, the presence and assistance of faculty members, Dr. C. H. Raval and Dr. H. N. Prajapati from the College of Horticulture, who contributed into the smooth running of the program. With the esteemed guidance of Dr. N. I. Shah, Principal & Dean of the College of Horticulture, Anand, the program was thoughtfully organized in alignment with common yoga protocol. The event concluded with a vote of thanks delivered by NSS officer Dr. Prity Kumari, expressing appreciation to all participants and contributors.

GLIMPSES OF PROGRAMME



